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Born To Be Happy - How to Uncover Your Natural State of Happiness

Alex P. Keats

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If we really are born to be happy, then why is it so elusive to so many of us? Is happiness really dependent upon the circumstances in our lives - or is there more to it than that? How do our beliefs and our past affect our ability to be truly happy?

"Born To Be Happy" by Alex P. Keats, explores these questions in depth and will help you discover how to live in harmony with the happiness that's already your natural state.

Tapping into both ancient wisdom and your inner wisdom that already knows what's true, you'll understand why so many methods and strategies for happiness are short-lived and fleeting. As a result, you'll be armed with the knowledge that opens the floodgates to your natural state of happiness ... and your life will never be the same.

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