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Food for Thought: First Course

Nancy DeRosa

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Food for Thought: First Course Nancy DeRosa
Emma Craven’s four single friends join her at the table in their quest to find love, self-respect, and, above all, great food. Emma and Murry’s Grill chef Gary Parker have much in common. He loves to cook, she loves to eat—a match made in heaven. Or so Emma thinks at the onset until trouble arrives. Gary’s former girlfriend comes back on the scene, reed thin and confident, and wanting him back. Gary’s rejection shakes Emma’s belief in herself, making her question what she has to offer in a relationship. Determined not to become a bitter and disillusioned harpy like her boss’s wife, Emma decides to get over Gary and move on with her life. But that’s easier said than done, especially since every new man she meets and every bite of food she eats reminds her how much she misses the handsome, charismatic chef.

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