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Group and Team Coaching: The secret life of groups (Essential Coaching Skills and Knowledge)

Christine Thornton

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Group and Team Coaching offers a new perspective on the ‘secret life of groups’, the subconscious and non-verbal processes through which people learn and communicate in groups and teams. Updated with new research and including a wealth of vignettes and case studies,?it will be essential reading for coaches who work with groups and teams as well as leaders commissioning coaching; the second edition features new guidance for leaders and managers, an updated introduction and new expanded practical sections on working with teams, working on the phone, and supervising and being supervised.

Christine Thornton uses key concepts from psychology, group analysis and systems theory as well as her own extensive experience to give practical advice, including:

- The invisible processes of group dynamics
- Pitfalls of team coaching and how to avoid them
- How to design coaching interventions
- Common dilemmas
- Ethics and supervision.

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