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Standing Alone: A Real-Life Journey...Staking Out A Meaningful Life, Through Mountains of Adversity

Mr Jeff Bogue

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In late spring of 1989 my 4-year old Amanda was murdered by her mother's boyfriend. Three days following the funeral for our daughter this woman I thought I knew joyfully married the man whom detectives had already determined as the sole suspect for this horrifying crime. How could this
woman overlook the brutalizing behaviour of this man towards her only children, stand by his side even as he went to prison, and deny everything in spite of the irrefutable facts?
It is a hauntingly compelling story.

This seminal event came at a time in my life where I had finally waded through a nervous breakdown, alcohol and drug abuse...all brought on by severe Post-Traumatic Stress, accreted from seventeen months flying helicopter gunships in Vietnam and Cambodia. Before my twenty-first birthday, I had flown over 1,500 combat missions. I carried far more baggage home from those experiences than I was clutching in my two, bronzed arms as I de-planed, back in Texas.

My military service had come on the heels of an abusive childhood...injected, at age six, with a devastating trauma where my developing mind was exposed to horrific scenes of utter devastation. The images my young eyes took in conspired with the ongoing turbulence and abuse at home, encumbering me with notable emotional and behavioural issues. Originating from the earliest phase
of my life, I was presided over by a potent mental illness. My dysfunction proved to be a virtually insurmountable barrier in experiencing healthy relationships and engaging in a productive lifestyle. As I spent years overcoming these burdens I grew in depth of compassion and sturdiness of character...as I transformed from a man incapable of love, to a man incapable of hatred.

This book is a visceral insight into that process, and the life that spawned it.

'Standing Alone' is a timely, atypical book which is destined to arouse controversy, ignite discussions and change lives.

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