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The Final Chapter: A Caregiver's Story

Nancy Campbell MSW

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The Final Chapter: A Caregiver's Story Nancy Campbell MSW
For over 35 years, Nancy Campbell worked professionally with caregivers, then become one when she retired to take care of her dying father. This book is an honest and moving account of the final chapter of their story. Using her many professional and personal experiences, she shares compassionate insights, personal strategies, and resources that helped her, and others, get through difficult times. Various issues explored include: dealing with crisis; care planning; coordination with other providers and family; accommodating physical and mental changes; dealing with boundary and control issues; life review and regrets; self-care; and development of a broader, more spiritual perspective. Anyone who is or has ever been a caregiver, anticipates becoming one, or may someday need one should read this. It reflects upon the many challenges as well as the satisfaction and growth that often results from caring for another.

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