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Everyday Smart: 30 Ways to Spark Your Inner Genius (Little Everyday Deck)

Eric Maisel

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Award-winning creativity coach and therapist, Eric Maisel, offers the A Little Every Day Deck series to help readers develop a more centered, creative, intelligent life. Each card in the series presents a single idea and a simple exercise to try every day. Readers can use the decks in a variety of ways. They can:

• Read through the 30 cards in the deck, pick one that resonates, and try the simple exercise the card suggests.

• Use the cards as a 30-day program, practicing one message and exercise a day.

• Shuffle the cards, cut the deck, and let a random message speak.

• Find a favorite message and exercise, repeat it until the message is taken to heart, then go on to another card in the deck.

Each deck is designed to work with the others to help readers grow in profound, even unexpected ways.

Everyday Smart gives 30 ways to get smarter by tapping into the inner genius. Readers learn to manifest their native intelligence, intuitive abilities, and critical-thinking skills. Cards show how to nurture ideas, embrace solitude, cultivate thoughtfulness, sleep-think solutions to problems, and more.

Thoughtfulness is an attitude. Without it, intelligence is mere potential. Honor your pensive, thoughtful nature. Grow smart by cultivating a thoughtful attitude. Think BIG! Let the immensity of you come out. Stretch intellectually. Grow smart by entertaining large ideas. Trial and error is the best teacher. Have real experiences. Learn from them. Grow smart through trial-and-error experimentation.

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