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Facing Shame: Families in Recovery

Merle A. Fossum, Marilyn J. Mason

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"This book will be helpful to all practitioners of psychological services and to all persons who wish to understand their dilemnas better." ?Virginia M. Satir

Families that return for treatment time and again often have problems that seem unrelated?such as compulsive, addictive, or abusive behaviors?but that are linked by an underlying process of shame. Comparing the shame-bound family system with the respectful family system, Fossum and Mason outline the assumptions underlying their depth approach to family therapy and take the reader step by step through the stages of therapy. Case examples are used to illustrate the process.

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