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Quicklet - Animal, Vegetable, Miracle: Barbara Kingsolver, Camille Kingsolver, and Steven Hopp's

Kate Kastelein

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Quicklets: Your Reading Sidekick!

This Hyperink Quicklet includes an overall summary, chapter commentary, key characters, literary themes, fun trivia, and recommended related readings.

ABOUT THE BOOK

We wanted to live in a place that could feed us: where rain falls, crops grow, and drinking water bubbles up right out of the ground.

Its hard to categorize Animal, Vegetable, Mineral by Barbara Kingsolver, Camille Kingsolver, and Stephen Hopp. The book is a result of a year-long project where Kingsolver, her husband Stephen, and her two daughters Camille and Lilly eat food either grown themselves or locally produced.

In addition to firsthand accounts recounting the trials and tribulations of raising their own food including turkeys! this book serves as a how-to manual for those interested in embarking on a similar journey, and provides a strong social commentary about the current state of the food system in the United States.

MEET THE AUTHOR

Kate Kastelein has over 10 years of experience writing, researching and editing articles, eNewsletters, web content, press releases, and resource books. She's a huge nerd, and is interested in everything from science and the latest technology to crafts, food and celebrity gossip. Kate's a native Mainer, and when she's not shoveling snow or writing, she's huddled near the fire with her daughter, husband, and dogs.

EXCERPT FROM THE BOOK

Because of the amount of travelling food must do, many conventional growers choose produce for durability rather than taste. Most fruit is picked before it has ripened, which it does on the road instead of on the vine. Since produce grown by local farmers or by yourself travels very short distances, it can be harvested when ripe. This allows for maximum taste and nutrition.

Meat is another story altogether. Animal, Vegetable, Miracle points out the horrors of CAFOs where animals are packed tightly together in horrible conditions for their entire lives. At best, they are fed grains saturated with hormones and antibiotics, and at worst, things like sawdust.

During their year of sustainable eating, Kingsolvers family eats meat raised by responsible local farmers who treat their animals well, allow them plenty of space to roam, eat grass, and live much happier lives than their factory farmed counter parts...

Buy a copy to keep reading!

CHAPTER OUTLINE

- Quicklet On Barbara Kingsolver, Camille Kingsolver, and Steven Hopp’s Animal, Vegetable, Miracle
  - About The Book
  - About The Authors
  - Overall Summary
  - Major Characters
  - ...and much more
- Barbara Kingsolver, Camille Kingsolver, and Steven Hopp's Animal, Vegetable, Miracle

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