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Coming Home to Self: The Adopted Child Grows Up

Nancy Newton Verrier

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Coming Home to Self: The Adopted Child Grows Up Nancy Newton Verrier
Coming Home to Self is a book about becoming aware. It is written for all members of the adoption triad: adoptees, birth parents, and adoptive parents as well as those who are in relationship with them, including professionals. It explains the influence imprinted upon the nuerological system and, thus, on future functioning. It explains how false beliefs create fear and perpetuate being ruled by the wounded child. It is a book which will help adoptees discover their authentic selves after living without seeing themselves reflected back all their lives.

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