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Mama Tried: Traditional Italian Cooking for the Screwed, Crude, Vegan, and Tattooed (Vegan Cookbooks)

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Cecilia Granata grew up cooking with her family in Italy. As a vegan, she learned to adapt her favorite recipes from around the country to be animal free while retaining the flavor and feeling of true Italian home cooking. She shares her commitment to ethical and artful eating in this alphabetically-arranged volume with over 100 recipes, ranging from traditional favorites to homemade liqueurs to aphrodisiacs—all "senza sofferenza," without suffering. The recipes are lushly illustrated with Granata's food-inspired tattoo art.

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