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Many of us are seeking more natural methods to maintain both our own health and the health of our horses. Holistic Veterinary care is part of this trend. Methods such as chiropractic and acupuncture for horses have gained in popularity as they have proven effective in treating many conditions. I have been researching and testing the Kinesio Taping Method® on horses since 2004 and have found these applications to be very effective for some common medical problems in horses. Many horse owners are eager to find a therapy they can apply themselves to help keep their horse healthy and sound between veterinarian visits. In this book, the Kinesio Taping Method® is introduced and how it can help your horse recover from injury or chronic conditions. Kinesio Taping is a natural, safe and effective treatment for the horse and can be easily applied. My team and I spent a full year designing and testing a tape specifically for horses because we felt that human tape would have very different effects on a horse. Horses have very sensitive skin and hair, and actually need much less stimulation to feel something on their skin compared to a human. We designed Kinesio Equine Tape to work on the hair without over-stimulating the horse. Because of this, Kinesio Taping can be used on a horse for both immediate and long term treatments, and can be combined successfully with other modalities. Taping Applications Included: Sacroiliac Joint Taping, General Soreness in the Back, Withers Pain, General Support Taping for the Hock, Taping for Inflammation in the Hock, Inflammation of the Hock - Advanced Application, Stifle, Stifle - Advanced Application, Suspensory Ligament, Inflammation in the Hoof, Fetlock, Hip, Tight Neck.

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