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Killer Clothes

Brian Clement, Anne Marie Clement

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Killer Clothes

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Killer Clothes Brian Clement, Anne Marie Clement
How Seemingly Innocent Clothing Choices Endanger Your Health...and how to protect yourself!
This book reveals in unprecedented detail the toxic truth about the clothes we wear and the surprising number of harmful effects on our health caused by garments once considered safe.

Readers will learn what fabrics and chemicals to watch for when selecting clothing, why to avoid any garment that has anti-odor, antistatic, antimicrobial, etc., along with tips for ecological and health-friendly cleaning, and the advantages for choosing natural fabrics.

They'll also learn the many ways that synthetic clothing, chemicals added to garments, and tight clothing and tight shoes create dangerous problems for human health and the environment. Dr. Anna Maria Clement and her husband, Dr. Brian Clement, document numerous medical studies that show the rise in health problems that has paralleled the increased use of synthetic clothing fibers. Readers will learn which fabrics and clothes contribute to breast cancer, infertility, and a range of diseases, and which garments are safe to wear. Based on medical science, these studies have been brought together for the first time in one place; important findings which have, for too long, been hidden from public awareness.

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