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Alex Vasquez DC ND

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These strategies identify and address the underlying dysfunctions that cause and perpetuate pain; this approach is contrasted to drugs, which provide temporary relief at a high cost (both financially and in terms of side effects)
This monograph gives detailed descriptions of assessments and treatments used in a functional medicine approach to pain, with special attention to clinical studies that support each.
•this book covers a wide range of therapies, including nutritional and dietary approaches, botanical medicines, and spinal manipulation
•Outlines conventional and functional medicine approaches to 4 conditions: migraine, low back pain, rheumatoid arthritis, and fibromyalgia, with case studies of how Alex Vasquez has treated each condition

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