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A Short Introduction to Counselling (Short Introductions to the Therapy Professions)

Jennifer McNamara

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If you are embarking on training as a counsellor or even just thinking about it, A Short Introduction to Counselling is the book for you. Drawing on over 25 years experience as a practitioner, trainer and supervisor, Jennie McNamara answers key questions about

" the nature of counselling

" the process of becoming a counsellor

" what it means to be a qualified practitioner, and

" the future of counselling.

Clearly and succinctly written, A Short Introduction to Counselling provides an excellent first text for trainees and a source of information for readers with a more general interest in finding out about counselling.

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