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Positive Options for Colorectal Cancer: Self-Help and Treatment

Carol Ann Larson

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Did you know:
* Approximately 80-90 million Americans are considered at risk for developing colorectal cancer
* More than 147,000 new cases of colorectal cancer will be diagnosed this year in the US.
* Colorectal cancer is the second leading cancer killer of adults in America, and the 4th most commonly diagnosed cancer
* Although the majority of people diagnosed with colorectal cancer are over 50, it can strike people of any age, any race

Written by one of the founding members of Advocates for Colorectal Education, (ACE), this book contains everything you need to know about this disease. The book is clearly written and focuses on practical considerations for the patient. Each chapter concludes with a list of patient suggestions and reminders. Chapter 3 has a Q&A section from doctors about every aspect of this disease.

The book includes information on
* Prevention techniques & warning signs
* Screening tests, including the latest information on virtual colonoscopy
* Myths and misinformation
* Finding a good doctor and how to talk with a doctor
* The importance of a positive outlook and positive actions
* Finding support
* Treatment options: surgery, chemotherapy, radiation
* Alternative methods of healing
* Learning to live with an ostomy
* Life after colorectal cancer
* Resources for the colorectal cancer patient

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From reader reviews:

Terri Mitchell:

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Positive Options for Colorectal Cancer: Self-Help and Treatment can be one of your beginning books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary which could increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The copy writer giving his/her effort to get every word into delight arrangement in writing Positive Options for Colorectal Cancer: Self-Help and Treatment nevertheless doesn't forget the main point, giving the reader the hottest and based confirm resource details that maybe you can be among it. This great information can easily drawn you into fresh stage of crucial considering.

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