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Fantasy Dreaming: Unlock the Hidden Meaning

Craig Hamilton-Parker

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Fantasy Dreaming: Unlock the Hidden Meaning Craig Hamilton-Parker
What's *your* fantasy? Is it romantic or wildly sexual? Does your mind conjure up dreamscapes full of exotic locales and untamed adventures? In your flights of the imagination, are you rich and powerful, having a conversation with the dead, enjoying the ultimate sexual fantasy, or reliving your favorite childhood fairytale? The popular, groundbreaking author of *Hidden Meaning of Dreams*, *Remembering Your Dreams*, and *Dreams and Your Sexuality* is here to tell you what it all means.and how to turn the fantasies you don't like into sweet dreams that make you smile. The daydreams that spice up our waking hours and the wild imaginings that fill our brains at night, the symbols and images that obsess us: he interprets it all, pulling aside the cloak of mystery that hides their true significance, and revealing how to make use of them in everyday life. Improve dream recall; go beyond the obvious associations to reach new levels of understanding; and most important, eliminate harmful fantasies that affect your happiness. Relaxation exercises allow the subconscious to do its work--and you to access important "dream material" so you can find the solutions to problems that have been bothering you. Richly designed, with sensuous and colorful artwork throughout, and filled with fascinating case studies, it will give you the power to change your world!

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