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# Ninja Master: The Complete Step-By-Step Guide & 51 Smoothie Recipes for Weight-Loss, Detox, Anti-Aging & So Much More! (DH Kitchen ) (Volume 37)

*Daniel Hinkle, Marvin Delgado, Ralph Replogle*

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## Start your Ninja Blender & Get ALL of the nutrients with delicious smoothies using the best technology.

**Kim Avanti, Top Celebrity Nutritionist, Healthy Lifestyle Expert** *"It is a life changer!"*

## Why Use the Nutri Ninja Blender?

The **Nutri Ninja Blender** is a **#1 Most Powerful Nutrient and Vitamin Extractor.** Unlike other smoothie makers, blenders and juicers, the Nutri Ninja Blender has been created to get all of the natural benefits of fruits & vegetables and break down skin & seeds for nutrient rich goodness.

## What's So Special About These Smoothies Recipes?

Using our professionally created recipes, you're able to:

- **Hydrate & Revitalize**
- Support **Immunity**
- Support **Relaxation, Mental & Physical Well Being**
- Balance **Hormones**
- **Heal& Detoxify**
- Live A Life Of **Happiness** And **Vitality**

The recipes have all the nutritional information & have unique ingredients many of you have been waiting for:

- **Low Fat**

- Low Calorie
- High Fiber
- Live Enzymes
- No Added Sugars
- No Artificial Flavors or Sweeteners

## Why Should You Take Notice?

Our authors have helped thousands of people transform their lives using real food, positive mindset, and healthy habits. We have created the recipes that will give you:

- **More energy**
- Less cravings
- Mental clarity
- Better sleep
- Balanced mood
- Healthy weight

Whether you're looking for a health booster, seeking a gentle cleanse, or just trying to get slim you'll be inspired to power up the Nutri Ninja Blender!

## Can’t wait to try our healthy smoothie recipes?

Here are some recipes to get you started:

- Fat Burning Peanut Banana Smoothie
- Glowing Skin Blue Honey Smoothie
- Immune Boosting Smooth Green Apples
- Blood Sugar Control Chocolate Banana Butter
- Anti-Aging Cacao Dates
- Healthy Hair Coconut Kale Smoothie
- Antioxidant Booster Fruity Protein Smoothie
- Kid-Friendly Pink Lime Smoothie

## Use the ninja bullet, and start glowing—inside and out!

Take a jump-start towards your weight loss, increase your energy level, clear your mind, and improve your overall health.

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**Doris Garcia:**

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