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# How to Grow Up: A Memoir

*Michelle Tea*

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**How to Grow Up: A Memoir** Michelle Tea
A gutsy, wise memoir-in-essays from a writer praised as “impossible to put down” (*People*)

As an aspiring young writer in San Francisco, Michelle Tea lived in a scuzzy communal house; she drank, smoked, snorted anything she got her hands on; she toiled for the minimum wage; and she dated men and women, and sometimes both at once. But between hangovers and dead-end jobs, she scrawled in notebooks and organized dive bar poetry readings, working to make her literary dreams real.

In *How to Grow Up*, Tea shares her awkward stumble towards the life of a Bonafide Grown-Up: healthy, responsible, self-aware, stable. She writes about passion, about her fraught relationship with money, about adoring Barney’s while shopping at thrift stores, about breakups and the fertile ground between relationships, about roommates and rent, and about being superstitious (“why not, it imbues this harsh world of ours with a bit of magic.”)  At once heartwarming and darkly comic, *How to Grow Up* proves that the road less traveled may be a difficult one, but if you embrace life’s uncertainty and dust yourself off after every screw up, slowly but surely you just might make it to adulthood.

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