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Psyche, Eros and Me: A Mythic Memoir

Deanna McKinstry-Edwards

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Psyche, Eros, and Me weaves Deanna McKinstry-Edwards' life as an actress, singer, scholar and woman through the myth of Psyche and Eros. It is a poignant and deeply powerful story. Armed with an artist's equipment, Deanna also has the psychologist's ability to analyze her life choices and ultimately to follow her intuition home to Eros. The myth of Psyche and Eros is Deanna's Virgil, the steadfast companion who guides her through the Dark Wood. It is a journey many artists make. A poetic writer, Deanna has a gift for expressing meaning with humor. This book is a triumphant read.

One blustery day in Carmel, the story of two mythical beings blew into my life. Psyche and Eros. Stories often find us when we need them. At a time when much was disapearing and falling apart in my life, the story of Psyche and Eros became a soul map. Like Psyche, I, too, was searching for my Beloved Eros, and for the recovery of instinctual passions that would bring an authentic validity and creativity to my life as a woman and artist. Engaging the death defying tasks Psyche must accomplish to behold Eros once again, her tale became a powerful guide for the journey a woman often takes to discover and sustain a deepening sense of self and sovereignty, and a voice she can call her own."
--Deanna

"Psyche, Eros and Me is very provocative, well written, and I think a book that can help women to examine their own story and find its hidden depths and meaning."
--Ellen Burstyn, Academy Award winning Actress

ABOUT THE AUTHOR
Deanna McKinstry-Edwards is a professional actress, singer, writer, lecturer, and Pushcart Prize nominated poet. She holds a doctoral degree in Mythology and Depth Psychology, and teaches courses in Ecopsychology. She resides in Carmel, California with her husband, renowned voice teacher Robert Edwards, and their two English Setters.

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