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Savage Salads: Fierce flavours

Davide Del Gatto, Kristina Gustafsson

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Savage Salads is about taste as well as health. It's about filling up, being satisfied, enjoying what you're eating and knowing it's good for you. Kristina Gustafsson (from Sweden) and Davide Del Gatto (from Italy) understand how to create punchy flavours and satisfying textures, all topped with grilled halloumi, chicken or fish. Nourishing, delicious and packed with protein, the 50 recipes in this cookbook are healthy and flavourful dishes for both men and women.

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