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Emotional Assault: How To Recognize An Abusive Partner & Get Help NOW

Sarah Goldberg

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Being in a relationship dominated by emotional assault is horrifically damaging. Learn how to get the help you need NOW

Getting off of the emotional rollercoaster and out from under emotional abuse is hard, but this book will start you on your journey to recovering from emotional assault *In this book you will learn:* 1. What is Emotional Assault? 2. How to recognize the signs of Emotional Assault 3. Ways to help yourself or a loved one 4. How to develop a safety plan 5. How to recognize danger signs in potential partners **Remember too that I donate 5% of the proceeds from the sales of my books to Reading Is Fundamental, the largest and most respected Children's Literacy non-profit in America!**

Learn the signs of emotional assault. Stop living on the emotional rollercoaster. Emerge from emotional abuse a better person TODAY

tags: emotional assault, emotional rollercoaster, emotional abuse, emotional intelligence 2.0

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