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It Gets Easier: Surviving Twins During Their First Year

Tracey Egan

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It Gets Easier: Surviving Twins During Their First Year Tracey Egan
Nothing prepares a mother for the moment when they leave the security of the hospital and arrive home responsible for the care of not one, but two newborn babies. What happens next? Reassuringly comprehensive, *It Gets Easier* is an essential reference that will support and guide parents of multiple children through the myriad choices they have to make (as well as promising that it does get easier). Discover how to prepare in advance; accessible tips on coping with daily life; routines for feeding, teething, and sleeping that suit your family's needs; and how to preserve self-confidence in that hectic first year.

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