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Summary: Manage Your Day-to-Day -: Build Your Routine, Find Your Focus, and Sharpen Your Creative Mind (The 99U Book Series)

Sunny Akins

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In recent times, it has become common practice to focus on thinking up ideas, and as soon as a new idea is discovered and established, no one takes the time to execute it fully; this is wrong for growth. Thomas Edison says it best; “Genius is 1% inspiration and 99% perspiration” It is more profitable in the scheme of things to act on ideas. Try new things; it’s only by failing at them that you can get better. This summary book will attempt to help you in your bid to make ideas a reality. In it are practical, actionable and realistic insights from the most creative people in the world, it will open your eyes to more ideas while also putting you through on how to make your own ideas a reality. Inventive minds are attuned to the world around them, and they are constantly aware of how to juggle the different responsibilities that come with technological advancement. While other people get overawed with the myriad demands that seek their attention and consequently choke out any time for creativity, inventive minds sort through it all expertly. This book takes on the challenge of sorting you out and it draws wisdom from 4 skills that must be grasped to make headway in this clustered world; have and stick to a day-to-day routine, have control over your gadgets, increase your concentration level and let your creative juices flow. We all have varying strong points and weaknesses and as such, there isn’t a master formula that works for everybody. However, a combination of approaches can yield a system that suits your personal preferences. In summary, what this book represents is a list of efficient ways to be productive. The belief is that, in the many insights laid out in this book, you can pick the ones that suit you, and works best with your strengths and weaknesses. These insights combined in the right mix will spur you to wade through the confusion and come out with a way to stay creative and practical.

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